

RESOURCES FOR LEE HUMAN SERVICE APPLICANTS

FOOD/NUTRITION

If you need food local food pantry:

Lee Congregational Church Food Pantry 659-2861

17 Mast Road
Lee, NH 03824

Open the 1st and 3rd Monday of each month from 6 pm to 7 pm. Also by "immediate need" appointment. Please call Phone: 659-2861

St. Thomas Moore Food Pantry 868-2666

6 Madbury Road
Durham, NH 03824

Thursday 4:00 - 6:00 PM

St. Joseph's Church Food Pantry 742-4837

150 Central Avenue
Dover, NH 03820 (no refrigeration)

Monday - Tuesday - Wednesday 9:00 AM – Noon

First Parish Church 742-5664

218 Central Avenue 742-5655
Dover, NH 03820

Thursday 9:00 Am – Noon

FOOD STAMP PROGRAM

Phone: 332-9120 in Rochester—150 Wakefield Street, Rochester, NH Phone: **332-9120**

Provides an opportunity for low income persons and families to increase their purchasing power through the use of food stamps. For more information on the application process, call NH Div. of Human Services at above number.

NH DEPT. OF HEALTH AND HUMAN SERVICES

Child Support Service: 150 Wakefield Street, Rochester, NH Phone: **332-9120** Open Mon. thru Fri. 8 am to 4:30 pm.

Division of Family Assistance: 150 Wakefield Street, Rochester. Phone: 332-9120 Open Monday thru Friday 8 am to 4:30 pm. Responsible for administering programs to provide financial and medical assistance to people in NH who are in need and meet eligibility requirements. Financial Assistance Programs: Old Age Assistance, Aid to Needy, Aid to the Blind, Aid to Permanently and Totally Disabled, Temporary Aid for Needy Families. Medical Assistance: Medicaid is designed to help persons with limited income obtain medical services.

STRAFFORD COUNTY COMMUNITY ACTION-Administrative Office: 516-8130

PROGRAMS: Low Income Home Energy Assistance Provides income-eligible households with help in paying energy bills during the winter heating season. Payments may be made to gas, electric, oil, or wood vendors. **The Fuel Assistance Program** can also pay a portion of rent, if heat is included. Program eligibility and benefit level are determined by household income, family size, and fuel usage. **New Hampshire Electric Assistance Program** provides discounts on monthly electric bills to income eligible households in an effort to make electric bills more affordable. **Security Deposit Guarantee Loan Program** Rental Security Deposit Program is to provide a guarantee fund for security deposits Phone: 516-8130. **Self-Sufficiency Case Management Program**-A Case Manger works with low-income families to address key issues and provide supportive services to overcome barriers to self-sufficiency. Call 516-8149.

HOMELESS

1. My Friend's Place 368 Washington St Dover NH 03820-3655 603-749-3017
2. Cross Roads House, Inc. 600 Lafayette Road Portsmouth, NH 03801 (603) 436-2218
3. A Safe Place, 6 Greenleaf Woods Unit 101 Portsmouth, NH 03801 (603) 436-4619

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